

CREATIVE DAY SCHOOL

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Must-Know Tips for Summer Safety

*Head to the pool or beach early. Kids tend to have more energy at this time, plus the sun isn't as strong earlier in the day. Try to plan outings for nonpeak hours, before 10am & after 4pm.

*Make use of cover-ups. Break out all the gear – hats, sunglasses, pullovers.

*Look for sunscreens with zinc oxide or titanium dioxide which has minerals block against UVA & UVB rays. Make sure it is safe for young babies and has at least 30 SPF and is broad-spectrum. Reapply often & have multiple bottles of sunscreen to keep in the car, house, etc.

*Check that playground equipment is housed on beddings of mulch, sand, pea gravel, or rubberized product – basically not grass or cement. These softer surfaces, best absorb shock should a child fall. Look for any bolts that are sticking out. Keep your child at least 15 feet away from swings to avoid walking too close to a swinging child. Look for slides that are in the shade. One trip down a hot slide can result in second-degree burns to hands, legs, or feet.

*Always wear shoes. Wear socks, shoes & a hat while out on the nature trail to reduce coming in contact with a tick or poison ivy.

*Dress in neutral, un-patterned clothing. Bees are drawn to bright & busy clothes.

How to Make Your Summer Memorable

As busy working parents you know how difficult it is to plan those big budget vacations that you want your children to experience. Saving for one big vacation a year is a great plan, but that will leave a lot of weekends with a limited amount of money to spend on entertainment.

If you are in this position as a parent there are some great ways that you can make every weekend memorable for your child and still not break your budget. Being creative, taking advantage of different events going on in your community and looking for top ideas that don't cost a lot is not as difficult as you may think.

When planning fun events for you and your children the internet can be a wonderful tool. Try searching by location, you can choose anything within set number of miles from your home, and then spend some time getting familiar with the various festivals, fairs, exhibits, shows and cultural events in the area.

If you just want to do things on your own here are some low cost options to consider:

- Plan a trip to a park, beach or nature area and bring a picnic lunch. Make it an “unconnected” outing where everyone stays turned off from phones, tablets or electronic devices. The kids can help pick the location, pack the lunch and even choose what to do.
- Visit a local museum, planetarium or cultural center. Typically these venues offer low cost family admission or, depending on the event, it may be free. Community events such as fairs or exhibitions or even family fun days are a great way to get to know your neighbors and have fun.
- Look in your local paper or online for discount coupons to theme parks and events around the city. Often these coupons can add up to significant savings. You can also check to see if you qualify for discounts through your employer.
- If you don't have the budget to go away for a weekend and stay in a hotel consider renting or borrowing camping equipment and taking in one of the many beautiful campgrounds in your area. You don't have to stay the whole weekend and just a night will give you and your kids something to remember for years to come.

Keep in mind that your children, above all else, love spending time with Mom and Dad. Focus on things you can do as a family and you can't go wrong.

Take A Look At What We Are Doing...

This month's theme is: "Splish, Splash"

- **Infants:** The infants will be enjoying outdoor water play, sitting in water, while playing with floating sea animals. During this time we will talk about sea life and underwater activities. We will read "The Little Blue Octopus", "Pete the Cat at the Beach" and "The Pout-Pout Fish" to introduce the children to more sea animals and water activities.
- **Toddlers:** The toddlers will enjoy being outdoors with big buckets filled with water and several different sizes of containers and cups to investigate volume. We will have bubble play and boat races in the water containers. We will introduce the word "water" in sign language.
- **Twos:** We will be talking about things we do in the summer. We will discuss how water is used daily, how important water is needed in our day to day activities and how we need water to make our gardens grow for our foods. We will talk about water safety when in tubs and in swimming pools. The twos are also working on sorting our bears by colors, and counting which has the most and least of each color. The color of the month is Red. We will talk about foods that are Red, which foods are healthy and about how water is good for our bodies. We will continue learning with our finger plays, songs, and flannel board story time.
- **Threes:** What better way to cool off in this hot summer heat than to "Splish Splash" in the cool water! We will be discussing water and what types of water are ok to splash in and are not ok to splash in. We will experiment with water and ice cubes! Also, the class will share their own opinions on the best place to go for fun in the water, as well as what animals they think splash in the water. We will learn the word water in Spanish & the sign for water as well.
- **Fours:** This month we will talk about the importance of water, how it is formed, how it evaporates, and how effective it is for us to be provided food. We will be doing hands on activities representing water. As summer approaches, we will be talking about summer safety and pool safety. We will also be talking about eating healthy. Congratulations to the Pre-K who have graduated and will begin Kindergarten in the Fall!
- **After-schoolers:** Just a few weeks of school left and we will be kicking off Summer Camp! We will be meeting the CEO of "C.A.N.S. for Cuts". We will take a trip across the USA. Each week we will learn about important and famous vacation spots. We will experience the different types of music, games, food, and culture of each area. We will be making special gifts for Father's Day and prepare for the extravaganza Fourth of July cook out that we will hold on June 30th. We are looking forward to an adventurous and eventful summer.



Happy Birthday!

June 3 Nizione
June 8 Jaquarrie
June 14 Janiyah
June 24 Hermonii
June 28 Liam
June 30 Ayden



Center News:

Summer is on – School is out – We will have a Summer Break Celebration!
We will add the study of summer fruits as a part of our health and nutrition education & our art activities will reflect each child's creativity during this learning experience.



During the summer months, please apply Sunscreen on your child in the morning before coming to school. We will apply sunscreen in the afternoon for those who have signed forms on file.

Parent Questions and Answers:

Question: Will you pick up my child up from summer tutoring?

Answer: No, our buses only go out for pick-up and delivery during the school year and takes children on field trips during the summer.